



Jewellery Policy (including Ear-rings)

No jewellery is to be worn by gymnasts during warm-up or training as this invalidates all British Gymnastics' insurance.

Our Chairman has been in touch with British Gymnastics about the jewellery policy and nobody seems able to commit to giving him a definite answer regarding newly pierced ears.

We have therefore as a club considered the risks, and have agreed to adopt the policy of when a child has their ears pierced, taking a register of date pierced, and then allowing stud ear-rings only, to be taped over for a maximum period of 8 weeks.

After this time the ear-rings **must** be removed to continue training.

However, if a competition falls during this period the ear-rings must be removed in order to take part on the day.

If guidelines change, then we will reconsider our policy.

Actioned – May 2016